



7



6



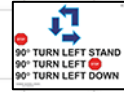
5 H



4 H



3



15 H



16 H



2



8



14 H



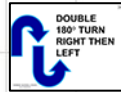
17 H



9



1



13 H



18



11



10



12 H



Sign no	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Exercise	220	317	417	402	412	406	115	401	312	418	405	109	202	318	415	114	305	311	-	-



7



6



5 H



4 H



3



15 H



16 H



8



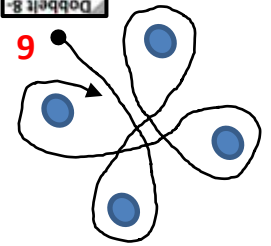
2



14 H



9



13 H



1



11



10

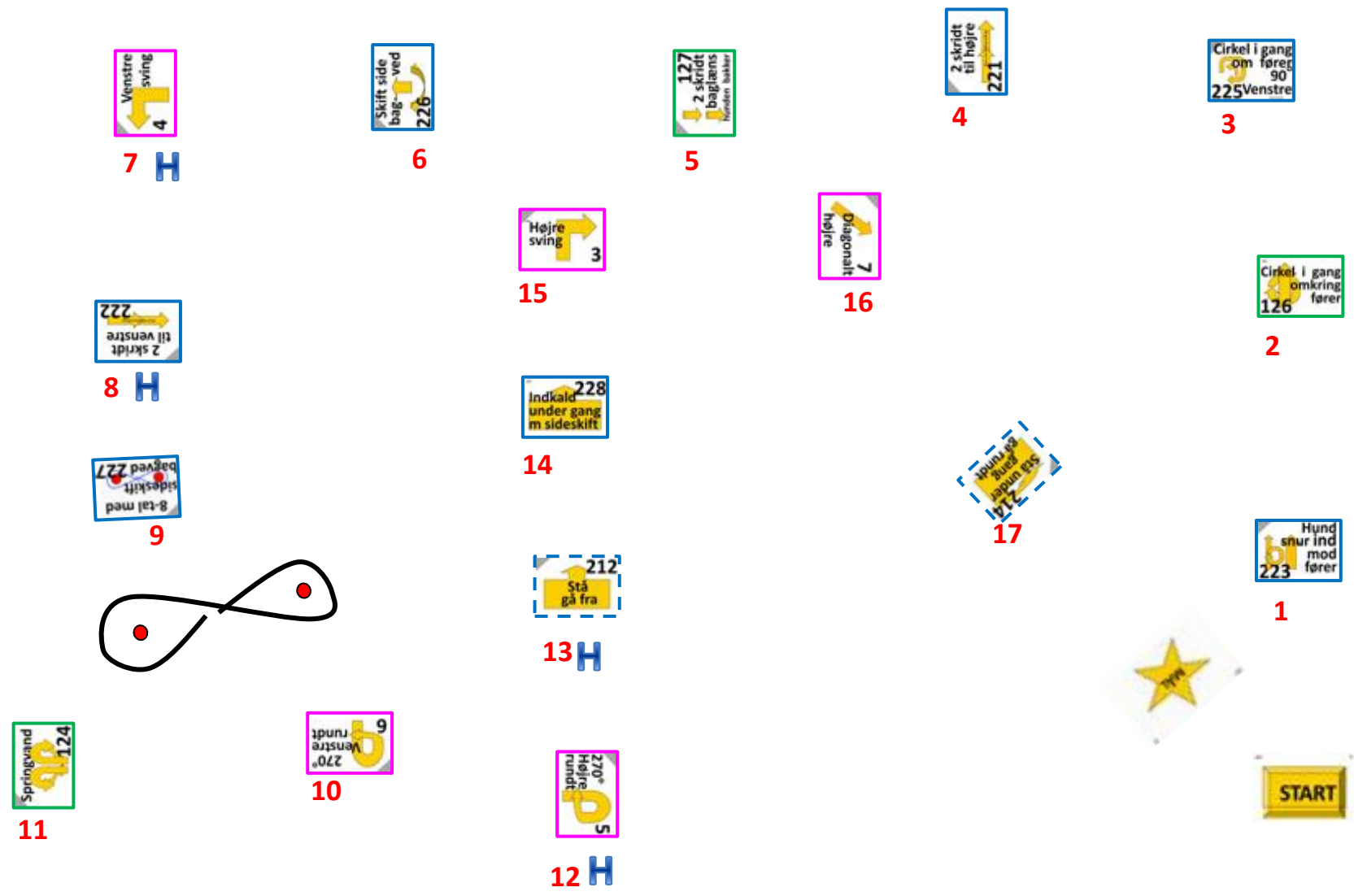


12 H



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	223	126	301	222	127	300	225	221	314	302	124	5	212	104	224	3				

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	223	126	301	222	127	300	225	221	314	302	124	5	212	104	224	3	313	228		



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	223	126	225	221	127	226	4	222	227	6	124	5	212	228	3	7	214			



7 H



6



5



4



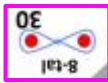
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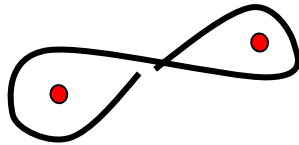
8



2



9



1



11



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12



13



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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7



6



5



4



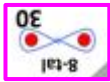
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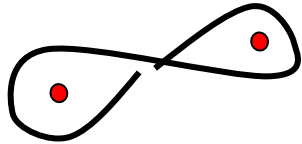
8



2



9



1



11



10



12



13



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	44	45	4	24	47	33	5	14	30	6	13	36	39							